



## Our hope is always in the Lord.

UPDATED March 12, 2020

Your health, safety and well-being is always a top concern and priority for us at Saint Ambrose. This is especially true given the most recent outbreak of COVID-19. Let me assure you that we are working closely with the Medina County Health Department to make sure all our actions are driven by our focus on your health and well-being.

We continue to follow the best guidance we are receiving daily as we make decisions concerning worship, programs and parish/school events and activities. Our parish facilities are cleaned and sanitized regularly. We have increased the frequency of disinfecting floors, surfaces and restrooms throughout the day. **We are taking every reasonable precaution for the well-being of our community.** However, it is important, as always, that we work together for the health and well-being (and holiness) of all.

**Unless we receive guidance to the contrary, we are continuing with weekend Masses and Confirmation on Sunday.** For the upcoming three weeks, we will work hard to take good care of each other. Here are some recent updates:

- **Saint Ambrose School** and **Littlest Angels Preschool** will be closed for an extended Spring Break starting Friday, March 13 - Friday, April 3.
- Saint Ambrose **Parish School of Religion (PSR)** will suspend classes as of today.
- All **CYO sports practices and games** are cancelled. Watch for an update from your coaches.
- We are cancelling our **Lent Fish Fry**, along with our **Friday night BINGO** game.
- Watch for continued updates concerning **parish meetings**.
- We certainly respect your ability to make good decisions and choices for the health and well-being for you and your family.

**Our hope is always in the Lord.** Let us use this season of Lent to pray for God's peace in our hearts, homes and across our world. Together let us pray for those who suffer from any form of sickness, for those who work in health care, and let us pray diligently for a quick resolution to this health epidemic and for the proper vaccines that will help keep all of us healthy.

Again, we care greatly about your personal and spiritual well-being and safety. We are working closely with all the proper agencies to make good/best/wise choices. **As you know, things can change by the day or by the hour. We will keep working to get best guidance and keep you well-informed.**

Please make good choices for your own health and well-being. **For the good of all, please refrain from visiting the Saint Ambrose Campus if you have any health issues/concerns/sickness.** Common sense and care for all will help each of us make the good/right/holy decisions and choices. Mostly, let's use these Lenten days to hold ourselves in prayer and reflect on the Cross of Christ. Together, let us work to be the hands, feet and heart of Christ to bring health, healing, care, compassion, and Christ's peace to our community and our world.

God bless you. Thank you for your cooperation and support for our parish community. Please let me know if you have any questions (frbob@StAmbrose.us).

Prayers always for you.

Father Bob Stec

**Please remember if you are not feeling well and need to stay home you can join us for weekend Mass online thanks to live streaming on our Facebook or website ([www.StAmbrose.us/WatchMass](http://www.StAmbrose.us/WatchMass)).**

*Jesus Christ is Everything for Us*

## Some reminders for us all based on guidance from the Center for Disease Control (CDC):

- Please follow best practices for your own health and well-being.
- **If you are dealing with any sickness (even a little)**, please refrain from coming to Saint Ambrose, to our parish events, even to Mass.
- **If you are at a higher risk for COVID-19**, please stay home and take care of yourself.
- There is hand sanitizer at all the entries of the church and parish campus. **Please make use of it over and again.**
- Please remember the best approach is to **wash your hands regularly with warm water and soap**. It's a good moment to pray the Hail Mary and reflect on our Lent theme of being the hands and heart of Christ.
- **Throughout the season of Lent, we are refraining from the sign of peace**, sharing the Communion cup, and have removed the holy water from all fonts.
- While the option of receiving the Body of Christ on the tongue or in the hand remains that of the individual, it is requested that, out of charitable concern, **communicants who are accustomed to receiving the Body of Christ on the tongue please receive the Body of Christ in the hand until the COVID-19 public health crisis has passed.**
- Additional information on COVID-19 and preventive measures we can all take is available here: [www.cdc.gov/media/dpk/diseases-and-conditions/coronavirus/coronavirus-2020.html](http://www.cdc.gov/media/dpk/diseases-and-conditions/coronavirus/coronavirus-2020.html)